

## Liberty Child

*“Special Holidays for special kids”*

### 2008 Holiday Volunteer Information Sheet

<b>DATES &amp; VENUES:</b>	<p><b>Week 1:</b> Vitalise Churchtown, Cornwall 13<sup>th</sup> – 20<sup>th</sup> August 2008</p> <p><b>Week 2:</b> Dukes Barn, Derbyshire 17<sup>th</sup> – 24<sup>th</sup> August 2008</p>
<b>HOLIDAY PROVIDED BY:</b>	LIBERTY CHILD, a charity established for this purpose by volunteers, Charity Number: 1103757
<b>CHILDREN ON THE HOLIDAYS:</b>	<p>We accept children aged 8 – 18 years with physical disabilities and/or learning difficulties. A proportion of the children may be classified as totally dependent. We do not accept children with challenging behaviour. <b>Week 1 is likely to be more suitable for those children requiring higher degree of care, Week 2 is likely to be more active.</b></p>
<b>VOLUNTEERS DUTIES:</b>	<p>Volunteers are critical to the service provided by Liberty Child; without volunteers we cannot run the holidays. The Liberty Child vision is that we are providing more than just a safe place for the child's holiday- our aim is that each child we take away is the focus of the holiday- it's all about them. The volunteer is expected to be the parent/best friend/carer and entertainment officer for the child for the week. This means that, with appropriate breaks, the volunteer is the child's companion for the week; each child is assigned to one or two volunteers for the week- there is no rotating shift system.</p> <p>This requires a special kind of determination, stamina and dedication in our volunteers. Although we programme breaks to allow Volunteers some time to themselves, the week is fairly full-on in terms of the demands made on volunteers. A typical day might be as follows:</p> <p>07.45 Morning Volunteer meeting              08.0 Get child up, washed &amp; dressed              09.0 Breakfast- help with eating              10.0 Leave for morning activities, packed with all necessities for the day              11.0 Activities- with the child- e.g. canoeing, beach, swimming              12.30 Lunch- help with eating              14.0 Afternoon activities- e.g. visiting shops, boat trip              16.0 Swimming- child changed and assisting with swimming, changing for              18.0 Dinner- help with eating              19.0 Evening entertainment- band, disco, theatre              21.0 Child ready for and goes to bed- possibly even sleeps!              21.30 Volunteer off duty (unless on night watch)</p> <p>The most intensive periods are usually getting everyone up and into breakfast, lunchtimes, the afternoon return home and preparation for dinner and dinner itself. We plan to rota volunteers for free time to give them some personal and recharge time, but this will always depend on the activities and the number of volunteers.</p> <p>Although this schedule can sometimes be demanding for volunteers, we believe that the rewards justify this approach- the child feels special and safe and the volunteer and child develop a remarkable and powerful bond.</p>
<b>PROVISION OF PERSONAL CARE BY VOLUNTEERS:</b>	<p>The care and support of the Children on the Holiday are provided by Liberty Child Volunteers. Liberty Child Volunteers are either experienced in working with children and/or those with disabilities or will be trained by Liberty Child. They are managed by Liberty Child and trained in procedures relating to Personal Care, Protection from Abuse, Health &amp; Safety and are subject to a code of Conduct designed to protect the Children and allow everyone to enjoy the holiday.</p> <p>Any invasive procedures would have to be undertaken by a nurse or by a carer authorised by the child's parents/carer to undertake such procedures</p>

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<b>POTENTIAL ACTIVITIES AVAILABLE:</b>	<p>Depending on the type of holiday offered, we would expect to provide the some or all of the following activities, and the volunteer would be expected to assist the child in undertaking the activities and would usually also be able to participate. We cannot guarantee that all will be offered, but we will seek to provide a full and varied range of activities during the holiday</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td>Sailing/boating</td> <td>Swimming</td> <td>Cinema</td> </tr> <tr> <td>Crafts</td> <td>Funfair</td> <td>Farm Visit</td> </tr> <tr> <td>Shopping</td> <td>Picnics</td> <td>Singing</td> </tr> <tr> <td>Beach trips</td> <td>Theatre/concerts</td> <td>Entertainment</td> </tr> </table>	Sailing/boating	Swimming	Cinema	Crafts	Funfair	Farm Visit	Shopping	Picnics	Singing	Beach trips	Theatre/concerts	Entertainment
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Crafts	Funfair	Farm Visit											
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<b>REQUIREMENTS:</b>	<p>To apply to go on the holiday, we need:</p> <ul style="list-style-type: none"> <li>• Completed booking form</li> <li>• Acceptable References</li> <li>• Enhanced Criminal Records Bureau check</li> </ul>												
<b>WHAT IS INCLUDED?</b>	<p>All meals and accommodation during the holiday. Also included are all admission fees and entry costs and local travel and entertainment during the holiday when accompanying the children. Liberty Child will pay reasonable public transport travel expenses within the UK. Please note that volunteers will usually have to share accommodation- we cannot guarantee any single rooms.</p>												
<b>WHAT IS NOT INCLUDED?</b>	<p>Volunteers' spending money, overseas travel expenses, own travel insurance.</p>												
<b>WHAT TO BRING:</b>	<p>Everything one would need for an active holiday in the country and by the sea, including swim-wear, beach towel, sun cream, hat, trainers, beach shoes and shorts. However, even in August, the weather can be unpredictable, so a waterproof coat and at least one warm jumper or fleece would be a good idea, and pyjamas for the nights. All personal effects and clothes should be clearly marked with your name.</p>												
<b>INSURANCE:</b>	<p>Liberty Child takes its responsibilities seriously and has policies of insurance in place to cover public liability should anything happen to the children or the public during the holiday, accident cover for the Directors &amp; volunteers and Trustee Indemnity Insurance, to cover legal liabilities of the Directors. If you wish to see confirmation, please let us know.</p>												
<b>HOW TO BOOK:</b>	<p>Apply for a booking form from Vitalise Bookings address/telephone/email address or download a copy from the website <a href="http://www.libertychild.org.uk">www.libertychild.org.uk</a> or <a href="http://www.vitalise.org.uk">www.vitalise.org.uk</a> and send it with the required supporting documents to the following address:</p> <p><b>Liberty Child (Volunteers)</b>  <b>c/o Vitalise Bookings</b>  <b>Shap Road Industrial Estate</b>  <b>Shap Road</b>  <b>Kendal</b>  <b>Cumbria</b>  <b>LA9 6NZ</b>  <b>Tel: 0845 345 1970</b>  <b>Fax: 01539 735 567</b>  <b>Email: bookings: <a href="mailto:bookings@vitalise.org.uk">bookings@vitalise.org.uk</a> or</b>  <b>general information: <a href="mailto:info@vitalise.org.uk">info@vitalise.org.uk</a></b></p> <p><b>Please do not contact Liberty Child directly- all enquiries must be made through Vitalise.</b></p>												